



JULY 2017

# Light in the Shadows

*"Let your light shine before others, so that they may see your good works and give glory to your Father in heaven." Matt. 5: 16*

## Taking Time To Savor The Spirit's Movement

*"The day of my spiritual awakening was the day I saw—  
and knew I saw—all things in God and God in all things."  
[Mechtild of Magdeburg]*



As part of my daily morning routine, I read the "Forward Day-by-Day" devotional message along with the Scripture readings listed for that day. In the last week of June, I came across a reference by the "Forward" writer to Barbara Brown Taylor's book, "An Altar in the World" from where I also discovered this quote by Mechtild of Magdeburg—a 13th century Christian mystic. Mechtild is

known by church historians for her ability to "see" the Divine in places we would normally not think to look.

*"Summertime is an  
opportune time to  
challenge ourselves  
here at St. Luke's  
to begin to "expect  
the unexpected"  
by looking for  
God in places and  
in ways we might  
not otherwise  
think to look."*

*—Rev. Heidi L. Edson*

In my CREDO experience in June, we clergy folks plus one professional lay person had ample opportunity to "see" the divine everyday in each other and also in what was all around us. While walking on a dusty road in Morgantown, Indiana, with Christopher, a fellow colleague, we came to a horse farm. Pausing to observe the scene, we saw about fifty horses running out of the large enclosed gate where there was also a barn. The sound of the rush of these beautiful and majestic animals took my

breath away for several minutes. We paused to just be still so that we could take it all in.

The gentle movements of the horses, once they were outside the gate area and grazing in the expansive field, reminded me of the various ways in which God meets us

*Continued on page 2*



## St. Luke's 79 th August Supper: Let's Celebrate Food & Fellowship On The Lawn (Rain or Shine)

ON Saturday August 5th, St. Luke's Church will hold its **79th August Supper** under tents on the beautiful back lawn. Once again there will be continuous seating starting at **5:00 p.m. to 7:00 p.m.**, but anyone who chooses may make a specific reservation for 5:00, 6:15 or 7:00 p.m. by calling 875-4031. The cost is \$15 for adults and \$7.50 for children ages 6 to 12. All you can eat!

It was Susan Morris, our interim rector's wife, who said "It is not about the food. It's about the fellowship." That is what the August Supper on the Lawn is all about. Our guests always say, "Don't change a thing." A couple years ago we raised the price and returned to the continuous eating venue. These factors did not affect the outcome. Usually the weather can mess us up. Last year we fed about 140 and then toward the last seating, there was a downpour. Two year's in a row? Doubt it.

An awesome team has risen to the occasion. Janet Hunter met with the team and nearly everything is in place. Eileen Widger has stepped up as has Anita Wright and Jane Davis and me. We need fresh and canned fruit, tossed salad ingredients, and financial donations for the roast beefs and

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### From the Senior Warden

## “Dear God. Unbind Us And Let Us See Where We Go!”



Jesus said to the Disciples, “Unbind him, and let him go.” This was the theme of our recent Vestry Retreat. Lazarus, His dear friend, died, while Jesus seemingly dawdled, disregarding the urgent entreaties of Mary and Martha. Lazarus had been laid in a tomb and three days dead by the time Jesus arrived. “Unbind him, and let him go,” He said to them. “Lord, there must surely be a stench by now!” As part of our experience we enacted the story, each taking a part. For authenticity, Lazarus was wound up in strips of crepe paper. After, we talked about our experience of being Martha, Mary, Jesus, Lazarus, and the curious onlookers. We shared what our reactions, thoughts and emotions were and we imagined the effect on those who were part of or witnessed this most astounding miracle of Jesus. Life changing for sure! No way any one of them could continue to live in the same old way after that! No choice but to become “unbound” (if not unhinged)! We wondered how Lazarus felt about being called back to life after three days, perhaps experiencing bliss with God. We noticed, too, that Jesus had instructed his friends to “unbind him and let him go.” Lazarus could not do that for himself. This turned out to be a segue into the next portion of our day where we revisited the book “Changing the Conversation” by Anthony Robinson. Some of us in the parish read and discussed this book about five years ago. Its premise is that we live in a “post-Christian” world where going to church is no longer the norm and people with spiritual yearnings or looking for meaning in their lives do not think first to look inside a church.

So, most Christian churches, including St. Luke’s, are in the situation where we must become “unbound” from many of our tried and true old ways of thinking, problem-solving and doing. If we are to continue to exist, if we are to be in a viable position to offer anything to the people in our community, we must become “unbound.” It’s not easy to change how we’ve been church for more than a century. We will need to rely on each other to help with the unbinding.

## Taking Time To Savor...

(Continued from page 1)

depending upon our circumstances at the time. God’s Spirit can be found everywhere, showing up in various forms all the way from a noisy “rush of a violent wind” at Pentecost to a very quiet “still small voice” that appeared on Mount Horeb to be with the fearful and lonely prophet, Elijah.

Summertime is an opportune time to challenge ourselves here at St. Luke’s to begin to “expect the unexpected” by looking for God in places and in ways we might not otherwise think to look. In our faith community we are facing some challenges that need our attention this summer. Despite the work that looms before us, my hope is that we here at St. Luke’s, will take the time to savor the Spirit’s movement and work all around us in the everyday. May our hearts wonder what wonderful adventure awaits us in God’s continuous presence.

*Blessings,  
Heidi+*

We will need to learn new ways of problem solving, which involves asking new questions.

Here is an unbinding exercise that illustrates the kind of new approach. We agreed that people are not flocking to St. Luke’s despite our warm and welcoming congregation, our wonderful dinners, our historic and lovely building, and our well-tended gardens. So, consider not “How can we do more of the above to attract people to St. Luke’s?” But, consider “What do people in Chester already value about St. Luke’s?”

Now we have a different question! We agreed that St. Luke’s is already valued for its beautiful building and gardens. This in itself is not bringing people into the church on Sunday mornings, but it does turn us in a different direction. It unbinds us from past solutions that may no longer be effective. Angela Emerson, one of our talented Retreat leaders, building on the loveliness of our gardens, suggested we could hold a service to bless seeds or garden soil brought by members of the community. We could even provide *Holy Moo!*—soil or compost, blessed, of course!

The Vestry has committed to helping to unbind each other, to notice when we are approaching the same problems with the same kinds of solutions. We will be looking for new and creative questions that will engender new and creative ways to bring God’s love to the World.

“Dear God, Unbind us and let us see where we go!”

*Blessings,  
Belinda, Senior Warden*



## St. Luke's 79 th August Supper: Let's Celebrate...

(Continued from page 1)

hams, and desserts to top off the banquet. The two twenty by twenty tents are paid for by three donors and turkeys are leaving the field into ovens! Again Black River Produce will provide the makings for coleslaw and broccoli salad. All profit, no expense, just like last year.

Three guys will pick up the tents on Friday, August 4 and then the fun begins for the men folk to put up the tents and put out the tables. They will be treated with pizza and growlers. Inn Victoria has offered some round tables with chairs to enhance sharing fellowship at tables. Lew and Sean Buchanan will oversee the Silent Auction, so be sure to read the plea for items to offer.

**PLEASE COMPLETE THE SURVEY on page 4** and return it to **Janet Hunter**—via mail at 10 Pine Brook Lane E9, N. Springfield, VT 05150—or simply hand it to her in church or put it in her church mail box slot. She will confirm in writing what you committed to do or contribute by about July 15th. The key is sharing this event with friends and neighbors. In our doing the publicity, ecards and snail mail cards will be available. Also posters placed in one of



Last year's "tent raising" crew—Andrew, Sean, David, Doug, and Lew (missing from photo)—met the challenge!

our fifteen communities remind us of how good this event is thanks to the classy art that lives on in Chloe Price's posters. We could even grow the church!—**Bonnie Watters**



## August Supper Silent Auction IV Coming Soon!



Along with the August Supper on Saturday, August 5th from 5:00 p.m. to 7:00 p.m., Lew Watters and Sean Buchanan will once again provide an opportunity for parishioners and guests to deliberate and bid on a wide choice of fun items, all thanks to the generosity of St. Luke's members. We will have our familiar white canopy with tables covered in a variety of goods and services.

This years donations include musical instruments, a bread maker, a doll house, Marcia Clinton's home made beer, and a formal

*Continued at top right*

photography sitting from Lew Watters. What talent do you have that others might bid on? You can call or email us with your offerings and to arrange pickup or delivery: Lew tel. 875-2114, email [lewbon@vermontel.net](mailto:lewbon@vermontel.net); Sean tel. 603-277-0670 email [buchanansean@hotmail.com](mailto:buchanansean@hotmail.com).

Last year's auction raised about \$765 which was all profit toward our church budget and our mission. You can read more about last year's success in the September 2016 *Light in the Shadows* which is posted on our church web-site, as well as information on the supper on the Special Events page, and continual updates on auction pages.

Remember to remind and invite your friends and family to the **79th Annual August Supper** on Saturday, **August 5th** from 5:00 p.m. to 7:00 p.m., rain or shine under the tents on the church lawn.

—*Many thanks, Lew Watters & Sean Buchanan*

**AUGUST LITS DEADLINE:**

**👉 JULY 28<sup>th</sup>**

Send all announcements, articles, photos, etc. to:  
Pat Fromberger, 180 Gates Rd.,  
Andover, VT 05143  
[panjoe@vermontel.net](mailto:panjoe@vermontel.net)



## The 79th St. Luke's August Supper on the Lawn and Silent Auction is Saturday, August 5, 2017 (9 a.m. to 8 p.m.) Rain or Shine!

NAME(S) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Email \_\_\_\_\_

\_\_\_\_\_ Telephone \_\_\_\_\_

**Return Survey to JANET HUNTER by  
hand, mail, email or call 886-2304.**

### HERE'S HOW I/WE WILL HELP:

\_\_\_\_\_ Men's Tents, Tables, Chairs Setup

\_\_\_\_\_ Ladies Chop and Chat

\_\_\_\_\_ Table Setting

\_\_\_\_\_ Napkin/Silverware Wrap

\_\_\_\_\_ Busser \_\_\_\_\_ Server \_\_\_\_\_ Runner

\_\_\_\_\_ Drinks \_\_\_\_\_ Banquet \_\_\_\_\_ Carver

\_\_\_\_\_ Dishwashing \_\_\_\_\_ Cleanup

### TIMETABLE:

5 p.m. Friday, Aug. 4. Put up the tents, etc.  
with beer and pizza

9-11:00 a.m. Ladies Chop & Chat

Prepping Salads; Setting Tables

Preparing drinks; Floral work

4 p.m. Prepare banquet table

Sell and collect tickets

Servers/runners report

5 p.m. Guest seating begins

8 p.m. Cleanup done.

### THE FACTS: Seatings:

**Continuous from 5:00 p.m.-7:00 p.m. \*\***

Tickets: Adults \$15

Children 6-10 \$7.50

\*\*Seatings at 5:00; 6:15 and 7:00 p.m. if  
anyone wants to reserve a seating. We will  
fill in with others.

### RESERVATIONS:

Anita Wright: Call: 875-4031

### ADDITIONAL CONTRIBUTIONS:

\_\_\_\_\_ Donate \$ for hams

\_\_\_\_\_ Donate \$ for roast beefs

CHECK DONATIONS: Make out to: "St.  
Luke's Church" (memo for "August Supper")

\_\_\_\_\_ fruit (canned and fresh)

\_\_\_\_\_ tossed salad ingredients

\_\_\_\_\_ jellied salad and soups (all set)

\_\_\_\_\_ pasta salad (all set)

\_\_\_\_\_ desserts (specify) (18)

\_\_\_\_\_ card tables or ice chest with ice

\_\_\_\_\_ I/we will invite guests (number)

\_\_\_\_\_ send ecard

\_\_\_\_\_ send postcards (number needed)

The important need is for you as hosts of this  
ongoing feast to invite friends and family.  
All expenses are covered; all profit.

### SPECIAL NOTES:

We are all set for the tents, paper products,  
ticket takers, hostesses, callers, flowers and  
their arrangements; potato salad, baked  
beans, coleslaw, and broccoli salad. We have  
tablecloths but need the salad hostesses;  
(desserts have hostesses.) We encourage  
children to participate to help with busing  
and drinks. The Committee is Janet Hunter,  
Eileen Widger, Anita Wright, Jane Davis  
and Bonnie Watters. *Janet will confirm  
your role.*

**Lev Watters is setting up and overseeing  
the Silent Auction with Sean Buchanan.  
Donations will be sought. Respond as  
promptly as possible. Signup sheet will be  
in Willard Hall.**





Jean Hancock shares a hug as she thanks Sally Hoover for her ministry as an acolyte this past season.



Aurora, Leona and Saul Hensel-Whalen eagerly dig into the picnic fare with Mom's guiding hand.

## Celebrating The Day of Pentecost, Thanksgivings And A Picnic!



Chef, Doug Edson skillfully finesses the hotdog and rolls at St. Luke's Parish Picnic.

Recognition Sunday and the Annual Parish Picnic were held on Sunday, June 4th—The Day of Pentecost. In addition to celebrating the birthday of the church and the gift of the Holy Spirit, time was allotted at both services to honor and express gratitude to all the faithful members of the St. Luke's faith community. Rev. Heidi remarked that all should be recognized and thanked for their ministries in carrying out God's work. Heidi also expressed our thanks to the Church School leaders—Sean and Ashley Hensel-Whalen, Jessica Buchanan

and Magali Aleman, our child care angel.

Jean Hancock, Acolyte Coordinator, expressed gratitude to her small team of faithful acolytes: Marcia Clinton, Sally Hoover and Sophie Buchanan and presented them with a small gift token. Altar Guild Directress, Adelaide Johnson thanked and gave gifts to her team (Marcia Clinton, Eileen Widger, Georgiana Cheney and Anita Wright) as well as her husband, Red who is always lends a helping hand. Church Musician, Ashley Paine, thanked all the member of the choir for their dedication and her joy of working with them

*Continue reading at right*



Dad, Sean watches over his "lambs."

these past years. [Ashley will be resigning from her position at the end of July and moving to New Hampshire.]

Following the service we all recessed to Willard Hall and the back lawn to enjoy our annual picnic. Janet & Rick Hunter did a fabulous job of organizing this event—recruiting John DesLauriers and Doug Edson to man the grills, and Belinda Whipple Worth as their "runner"—maintaining a steady supply of hotdogs and hamburgers to keep up with the hungry crowd. Thanks also to all church members who baked or prepared their favorite side dishes to fill out the menu and to those who stayed to clean up. Not much food was leftover, a definite sign of a successful day.

"May we think of freedom not as the right to do as we please but as the opportunity to do what is right." —Peter Marshall

## The Outreach Corner

### PINS School Backpack Collection

Summer is just beginning, but the PINS (Partners in Service) committee is already thinking about the annual “back-to-school backpack collection.” We have already 30-plus backpacks acquired from thrift stores, but the need is great and we could use lots more. We will fill them with school supplies appropriate for the grade levels. Last year we were blown



away with the response from the congregation! We were able to deliver 86 backpacks full of school supplies to the social workers from the Springfield office of Vermont Department for Child and Family Services. The DCF staff hold a late summer picnic for foster kids and their families. At that event the staff will distribute the backpacks. For other needy families in their caseloads, the social workers will deliver the backpacks to the kids at their homes. The backpacks go to kids from kindergarten to high school.

#### Items we are collecting are:

pencils	8"x11" spiral notebooks
crayons	1.5 inch 3-ring binders
pens	3-hole lined paper
sharpeners	5"x8" day planners
erasers	folders w/pockets
colored pencils	thumb drives      backpacks

A bin will be in the back of the church mid-July **until Sunday, August 13th** for your donations.

PINS is one of the organizations that St. Luke's

Church supports through its Outreach Program. We work closely with Robbie Wierzbicki, our liaison person from DCF and have asked to be contacted with specific requests on an on-going, “as needed” basis when individual needs and emergencies arise. PINS is a vehicle for putting faith in action. The beauty of PINS lies in its ability to convey a message of love, empathy and caring to vulnerable children who are experiencing feelings of loss, fear, isolation and grief. A child's realization that someone in their community cares for them makes an enormous difference to individual well-being.

For a new school year every kid likes to start with new equipment for learning, especially these kids who don't often get new things. Won't you help us help them? Thanks for all your support in the past years.

### Summer Camp Assistance

Partners in Service (PINS) received a request from our liaison person, Robbie Wierzbicki, at the Department of Children and Families in Springfield for a donation of \$300 for 2 kids going to camp this summer. The PINS committee all agreed to donate the full amount that was requested. The money will buy them the camping gear they need as they have none. They are a brother and sister, 14 and 13 years old, foster kids who will attend Bethany Birches Camp.

PINS is a vehicle for putting faith in action. The program allows social workers to voice the needs of the children in their caseloads, needs that would otherwise go unheard and unmet. Knowing that someone in their community cares for them, makes a big difference to the individual well-being of these children.

—*Marcia Clinton*

### Dear Members of St. Luke's,

It has been my absolute pleasure to serve you as music director for the last two and a half years. I have had the joy of working with our wonderful and talented choir, participating in some of the wonderful events that St. Luke's has to offer, and best of all getting to know all of you in our worship together. I have truly felt like part of the community and couldn't have felt more welcomed into your church. Thank you for all of your support, kind words, encouragement, and more importantly your SINGING! Please keep music in your hearts and thoughts as you continue to worship at St. Luke's. Please stay in touch: my email address is [amelissapaine@gmail.com](mailto:amelissapaine@gmail.com).

*Lots of love and God Bless,  
Ashley*





## Adult Study Update for July

In this month of July, St. Luke's Adult Study Program for both Sundays and Wednesdays, will be continuing the DVD Study entitled: "Painting the Stars: Science, Religion and an Evolving Faith." We'll be starting with Session Four of our Series on the 5th of July for Wednesdays and continuing on until the 26th of the month. This also includes a review of Session Seven which began our Study. Our Sunday Study will resume on either the 2nd or 9th of July depending upon the response.

Beginning in August (dates yet to be determined), St. Luke's Adult Study Program will be engaging in a book study by a very familiar interim priest who has served this congregation in the not-so-distant past. The book is entitled: "The Light Shines Through: Our Stories are God's Story." The author is the Rev. Carole A. Wageman. I am already reading this book and am finding her reflections about the biblical stories she's chosen to highlight to be quite refreshing, personal, and insightful. We'll be using the Bible plus Carole's book for this Study. Do make plans already to join us. More information to come as the time nears. —*Heidi+*



## A Prayers of the People Change for Rite I

Dear Rite I worshippers. During our recent trip to Montreal, Canada, Doug and I visited several Anglican churches in the city. In one Anglican Church, we attended Evening Prayer and on Sunday, before leaving for Chester, Doug and I attended the Rite I Service in another Anglican Church. I was struck by the similarity in the Rite I liturgy. We both felt right at home as their Prayer Book is very much like our own Book of Common Prayer. One difference was the actual Prayers of the People choice they used for their Service. It was essentially our "Form I" that's found on page 383-385.

I write this to say that, for the 8:00 a.m. Service this month and for August, we'll try this Form for our own Prayers of the People. I understand that change is not always comfortable nor desirable. I agree that change should not be made simply for "change's sake." However, sometimes change can serve as an impetus for the Holy Spirit to breathe a little bit more freely in our midst as God's people. So, I say let's give it a try these two months and see what happens.

*Blessings, Heidi+*



## Join Us At A Special Reception For Ashley Paine On Sunday, July 30th

Sunday, July 30th will be Ashley Paine's last day performing in the role of Church Musician and Choir Director at St. Luke's Church. We are all very saddened to see her leave as she has been a blessing and delight to us these past 2½ years—sharing her wonderful musical talent and her joyous love for this special ministry. Her lively keyboard postludes are just one of the legacies she will leave behind. All the members of our small choir have flourished under her positive and encouraging leadership, bringing out the best in us. Ashley and her husband Brian have moved to New Hampshire to be closer to Ashley's family and hope to start a family of their own. On this final Sunday we will hold a Special Reception in Willard Hall following the 10:00 a.m. service. We invite everyone to join us as we bid Ashley farewell with our hearts full of gratitude and with prayers and blessings for this new chapter of Ashley & Brian's life.



### WEEKLY

- **Sunday Adult Formation Study:**

Sundays, 11:40AM-12:30PM. Resumes on **July 2nd**, with our DVD series entitled, "Painting the Stars: Science, Religion and an Evolving Faith." All are welcome to join us. Read article at left for more information.

- **Lunch Bunch Book Study:**

Mondays, **Noon-1:15PM** in Willard Hall for a bag lunch, sharing, discussion & prayer. We are currently reading, "Dignity, Its Essential Role in Resolving Conflict," by Donna Hicks, PhD. All are welcome to join us.

- **Mid-Week Morning Prayer and Adult Formation Study:**

Wednesdays: **Morning Prayer: 9:40AM**; in the Side Chapel; **Adult Study: 10:30AM**, in Willard Hall. We are continuing our new DVD series entitled, "Painting the Stars: Science, Religion and an Evolving Faith." All are welcomed to come join us.

- **St. Luke's Choir:**

Sundays at **9:00AM** for warm-up & rehearsal in the church nave. Choir will be recessing for the month of August and hopefully resume in early September. Stay tuned.

### LESS THAN WEEKLY

- **Monthly Vestry Meeting:**

No Meeting in July. The next regular meeting is on Wednesday, **August 9th** in Willard Hall. **6:30PM Gathering & Scripture Reflection; 7:00PM Regular Agenda.** The focus topic will be "Worship, Altar Guild, and Music." All church members are welcome to attend.

- **St. Luke's August Supper and Silent Auction:**

Saturday, **August 5th**, continuous seating from **5:00PM-7:00PM** on the back lawn of St. Luke's Church. Rain or shine. Reservations can be made by calling: 875-4031. [Read the articles on pages 1, 3-4 for details.]

"Always be a little kinder than necessary." —J.M. Barrie

# JULY CELEBRATIONS

## Birthdays:

2 Pat Ballou	18 Jean Hancock
2 Marc DesLauriers	22 John DesLauriers
4 Linda Fawcett	24 Annemarie Sexton
6 Rachel Guerra	28 Ann Summers
8 Zoe Meyer	30 James Salisbury
14 Adelaide Johnson	31 Jim Littrel
16 Elsie Sharon	
18 Georgiana Cheney	

## Anniversaries:

10 John & Sally Hoover
10 Walter & Elsie Sharon
14 Alan & Deb Brown
28 Chris & Kat Meyer
31 Sean & Jessica Buchanan

"We realize the importance of light when we see darkness."  
—Malala Yousafzai

"St. Luke's  
is an  
intentional  
Christian  
community,  
deepening faith  
and  
broadening  
love."

## ✠ WORSHIP SCHEDULE ✠

<b>July 2</b>	<b>IV PENTECOST</b> (Proper 8)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Enriching Our Worship, Prayer I
<b>July 9</b>	<b>V PENTECOST</b> (Proper 9)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Enriching Our Worship, Prayer I
<b>July 16</b>	<b>VI PENTECOST</b> (Proper 10)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Enriching Our Worship, Prayer I
<b>July 23</b>	<b>VII PENTECOST</b> (Proper 11)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Enriching Our Worship, Prayer I
<b>July 30</b>	<b>VIII PENTECOST</b> (Proper 12)
8:00 AM	Holy Eucharist, Rite I
10:00 AM	Enriching Our Worship, Prayer I

☛ **CHURCH SCHOOL:** Church School is recessing for the summer months and will resume in September.

## St. Luke's Episcopal Church

The Rev. Heidi L. Edson, Rector  
313 Main Street, Chester, VT 05143 • Office Phone: 875-6000  
stlukes@vermontel.net • www.stlukesepiscopalvt.org  
**St. Luke's Church is Handicapped Accessible**

Light in the Shadows

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