



FEBRUARY 2021

Light in the Shadows

"Let your light shine before others, so that they may see your good works and give glory to your Father in heaven." Matt. 5: 16

Lent: A Time To Examine Our Lives and Strengthen Our Spirits

"Then grant us, Lord, like them to be full oft in fast and prayer with thee; our spirits strengthen with thy grace, and give us joy to see thy face." [H#143 v. 4]



In wondering what I might share with you this month, I confess that I felt my heart sinking. What would I write that would inspire all of us as we continue to face the threat and danger of the COVID-19 pandemic. This virus came almost a year ago during the Lenten Season. And now here we find ourselves near the start of Lent for this year. As I write this, I am still praying and wondering how we can

best observe this season given that we must still remain physically apart for a while longer.

*"...if we are faithful to observe a holy Lent as our Ash Wednesday Service bids us to do, then what will follow will be the promise that our own spirits will be strengthened with God's grace."
— Rev. Heidi L. Edson*

In just a few weeks, the Church will begin her observance of a Holy Lent that begins with Ash Wednesday on the 17th. This season calls us to examine our lives before God through fasting and prayers of repentance. Lent is the opportunity for us to take the time to examine our lives and walk before God so that we may have the will and strength to follow Jesus' journey all the way to Jerusalem where the Cross of Calvary awaits Him.

As I mentioned in the "Reopening Churches Article" for this issue of LITS, what helps me to keep going is Bishop Shannon's words to us as clergy that likened the COVID-19 to a long fast. Indeed we have been in this fast since March of 2020. And, as I write this in the Season of the Epiphany, it seems we find ourselves having never left Lent!

This fourth verse of the hymn, "The glory of these forty days" (quoted at the beginning of this column) offer us a

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**St. Luke's Episcopal Church
Annual Reports 2020
Annual Meeting January 29,
2021**

The Saint Francis statue residing in our winter memorial garden, made an eye-catching cover for the 2020 Annual Report Booklet. Kudos to Rick Hunter for his photo and for compiling the reports.

Summary of St. Luke's Annual Parish Zoom Meeting

Because of the coronavirus and the need for social distancing, the 2021 **Annual Parish Meeting** took place via Zoom on January 31, 2021, after a Rite Two Morning Prayer Service at 10:00 a.m., also held by Zoom. Present in Willard Hall were Lillian Willis as Recording Secretary/Clerk; the Reverend Heidi Edson, who moderated the meeting; and Junior Warden David Carey, who was in charge of technology for the Zoom session. Twenty-three adults attended the meeting in person, by Zoom, or by telephone. Heidi opened the meeting at 10:55 a.m. with a welcome and an explanation of how democratic voting by Zoom would proceed via indication by Thumbs UP, Chat, or voice. She then read a prayer for the unity of the church from the Book of Common Prayer.

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Lent: A Time To Examine Our Lives and Strengthen Our Spirits

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wonderful promise for Lent this year in 2021. The promise is this: if we are faithful to observe a holy Lent as our Ash Wednesday Service bids us to do, then what will follow will be the promise that our own spirits will be strengthened with God's grace. Walking the road with Christ to Calvary paves the way for the joy that will be ours when we finally can see our Lord's face. Though Easter seems a long way off, it will surely come! This we believe by faith!

*Blessings,
Heidi+*



Annual Parish Zoom Meeting...

(continued from page 1)



Lillian Willis was appointed Recording Secretary/Clerk.

- **Annual Meeting Minutes.** The minutes from the last Annual Meeting on January 26, 2020, were duly approved.
- **Annual Report.** Lillian Willis explained that a correction was needed on page 15, under Additional Outreach Programs at the entry for Shrove Tuesday Supper. While the first sentence was correct, the second sentence needed to be replaced with the following copy:
“But it was later organized by Bonnie and Lew Watters. Thirteen attended, and a donation of \$75 was sent to the Episcopal Relief and Development Fund.” With no further corrections needed, parishioners voted their approval of the report as corrected.
- **Elections. Vestry Members. Class of 2021.** Since the terms of David Carey and John were up and both were willing to run for another 3-year term, the two were nominated and elected to serve until 2024. Additional nominations from

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the floor were requested, but none were offered. **Diocesan Convention Delegates (3) and Alternates (3).** With the likelihood that an in-person convention will take place on November 5 and 6, 2021, in Burlington, VT, the following were nominated and elected: Delegates: Rick Hunter, Jane Davis, and Belinda Whipple Worth; Alternates: David Carey, Colleen Garvey, and Doug Edson.

- **Events and Fundraising Chairpersons.** Several indoor events scheduled for early 2021 (namely Shrove Tuesday Supper, Seder Supper, and LEGO Contest) will not be able to take place because sufficient vaccine shots will not have taken place in time. Other events that can take place, and their event chairs, are these:

Plant Sale on May 29-31: Lillian Willis, who asked parishioners to look at their gardens and get back to her with suggestions of potential plants they could donate.

PINS: Marcia Clinton.

Wreath Workshops on November 19-21: Lillian Willis.

Christmas Tea on December 5: Pat Fromberger, Eileen Widger, and Lillian Willis.

Several traditional events are still up in the air either because they do not have a chairman or because their form or timing is undecided. Those events include the August Supper and Silent Auction, the Fall Foliage Sale on the Screen or possible Yard Sale on Chester Fall Festival weekend, and the Pancake Breakfast, also on that fall weekend. Marjorie and David Carey are willing to chair the Pancake Breakfast, but a new committee is trying to resurrect the Town's craft festival and the time, location, and theme have not yet been decided.

- **Presentation of the 2021 Budget.** Treasurer John DesLauriers thanked parishioners for their pledges, committee heads for submitting their reports and budgets early, and all the work done behind the scenes that showed support from everyone in spite of the fact that parishioners have not been able to meet in person. He also thanked Pledge Treasurer Marti Assenza, and David Carey and Gene Garvey for their work on the Audit. John explained the status of the \$11,128.15 federal PPP “loan” that he hopes will be approved as a grant; the \$5000 he had withdrawn earlier in 2020 but could return to Vanguard because of the PPP loan; and the proposal to withdraw 5% from Vanguard Fund growth (as determined by averaging the preceding 12 quarters to account for market fluctuations). He said the 2021 Budget is a best guess regarding income and expenses since we do not know when we will be able to resume church as we know it. If we go back sooner than summer, printing expenses (e.g., for bulletins) will increase, but people seemed happy with the online LITS (with hard copy sent to those who need it) that allows color and saves money, as well as making it easier for editor Pat Fromberger to create and correct. Since the Rector's Discretionary Fund depends upon

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Annual Parish Zoom Meeting...

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actual first Sunday donations, people may earmark their donation checks to that area if they wish. The Parish Assessment in the budget doesn't include the PPP funds. If the National Church assesses the VT Diocese for its PPP "loan," the VT Diocese will assess St. Luke's. Lastly, a recent \$4000 pledge that is not indicated on the earlier Vestry-approved budget will help the 2021 bottom line and any funds we may have to repay to the government if the PPP loan is not changed to a grant. Requests. The Diocese suggested that someone should check John's monthly reconciliations. John asked that anyone interested in doing that job or interested in being an Assistant Treasurer, who would take on some of John's duties, please contact him for more information.

- **Church Website.** Lew Watters, who has been the tech manager since the revision in 2015 by two high-school students at River Valley Tech Center in Springfield, is stepping down from that position. Lew says photos on the website are out of date, the archive section is falling behind, some programs no longer exist, and technology is changing all the time. He feels that the site needs major revision and that we should source a "teen techie" familiar with the Cloud and new technology to take over the technological parts that cannot be managed by church volunteers. Tech support is available online, but it is time consuming. Lew will not be responsible any longer and has reached out to two parents who have children in the school system to see if there is interest. This matter certainly needs more volunteers and additional thought.

- **Celebration of the Consecration of St. Luke's by Bishop William Henry Augustus Bissell on May 25, 1871.** Lew Watters mentioned that 2021 is the last year to celebrate the 150th Anniversary of the Consecration of St. Luke's. He feels it is important to celebrate the occasion publically. The

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event will be discussed at the next Vestry Meeting, and Heidi will see when the Bishop would be available to come to Chester for the celebration.

- **Appreciation.** Several volunteers were thanked for their efforts on behalf of the church: Bonnie and Lew Watters for all they have done for the website; Rick Hunter for putting together the Annual Report; John DesLauriers for all his financial work as Treasurer; David Carey for his tech work for Zoom services and the Annual Meeting; and Lillian Willis for various work for the parish.

After a Closing Prayer for the Parish by Heidi, the Annual Meeting was adjourned at 12:07 PM. Vestry Members continued to meet via Zoom to elect officers and to settle on a new monthly meeting date, which is the second Tuesday of each month. —*Lillian Willis, Recording Secretary/Clerk*



Reopening of Churches Update

As we make our way into this new year, the COVID-19 pandemic is still very much a threat to all of us. Cases continue to rise leaving far too many deaths in its wake. What is also of great concern is the rise of variants of this virus that also raises questions as to the vaccine's efficacy against these new strains. So far, the news I have heard is positive and hopeful—

To find more information about receiving your vaccine for COVID-19, go to the Vermont website: www.healthvermont.gov. This site will let you know if you are eligible to receive this vaccine based on your age and health risk-level. As I write this update, shots are being given to those 75 years and older. Doug and I plan to register for our vaccine shot(s) as soon as the window opens up for us to do so. I would encourage everyone to receive this vaccine when it is made available for you.

Here at St. Luke's, we will continue to offer a weekly Zoom worship on Sundays for the next several months. Once the Diocesan Restart Team gives permission to resume outdoor in-person worship, we will be taking that opportunity to do so. At the present time, all in-person gatherings both outdoors and indoors are not permitted except for "essential persons" who are involved with our Zoom worship.

With the Season of Lent beginning this month, being physically apart is particularly challenging. I appreciated how Bishop Shannon had described the "COVID-19 experience". She likened it to a "long fast." Quite an apt description of where we find ourselves these days, isn't it! Perhaps viewing our physical separation this month as a "long fast" might help us to "live Lent" a bit more fully this year. This month, let us be sure to walk with Jesus down this patchy desert road.

Better days will come! We just need to hold on and keep the faith!—*Heidi+*

Highlights From The January Vestry Meeting

The regular January 13 Vestry Meeting was held by Zoom or phone.

- **Focus: Annual Meeting on Sunday January 31, 2021.** Because of the coronavirus, the meeting will be held by Zoom and start at 10:50, about 5 minutes after end of 10:00 a.m. Morning Prayer service. The Reverend Heidi will run the meeting, and David Carey will control the technology. Voting will be by consensus. To give parishioners advance details of the meeting, the Annual Report will be emailed early. Hard copies will be made for those who do not have computers, and Heidi will send an email asking those who want a hard copy to let her know. Rick Hunter is putting the report together and needs all outstanding reports quickly.

- **Vestry Elections:** Terms are up in 2021 for David Carey and John DesLauriers, both of whom are willing to serve for another 3-year term. Other Vestry members already in place are these: for the Class of 2022, Marti Assenza, Lynda Farmer, and Janet Hunter; for the Class of 2023: Beth Salisbury, Lillian Willis, and Belinda Whipple Worth.

- **Treasurer's Report: P&Ls and 2021 Proposed Budget.** John DesLauriers reviewed a host of financials: December 2020 P&L full and collapsed, P&L Budget vs. Actual for the year 2020 full and collapsed, and Balance Sheet as of December 31, 2020. Because of fundraising events, Federal PPP funds, and donations, John didn't use any Vanguard Funds in 2020 and will return to Vanguard the precautionary \$5000 he had taken out earlier in the year. **Revised Draft Budget for 2021.** John also discussed the line items that were adjusted from the draft approved by the Vestry in November, and the Vestry approved his revised 2021 budget. At the Annual Meeting, John will review the budget and St. Luke's Restricted Funds and answer any questions.

- **Junior Warden's Report: Community Greenhouse.** David Carey reported that Robert Neid's group will make a presentation to the Select Board on January 20, 2021, about six possible locations for the greenhouse within the town. **Church Maintenance.** David is still trying to secure someone to shovel the church paths after a snowstorm and will ask the fire company to check the upper panel on its next inspection to see if that section is at fault and makes the alarm go off so frequently for no apparent reason.

- **Old Business. Zoom for Services.** David Carey bought a small digital camera that clips on the side of Heidi's computer. That gives her more flexibility and has improved the quality of the service.

- **New Business. Pledge Thank-you Notes.** Marti Assenza will divide up the names of those who have pledged and send

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them to the Vestry members to write personal thank-you notes. **Seniorhousingnetwork.com.** Nurse Janet Hunter will check into the request to add a link to the organization on the church website and report back to the Vestry at its February meeting. **Wix Website for St. Luke's.** Lew Watters said he is backing away from work on the website, which he feels needs updating and revision. Marti Assenza, who at long last has Internet service at her house, is always looking for up-to-date information and photos, but needs a back-up person who can help post things if she is unable. Help will be solicited via an email to parishioners and also at the Annual Meeting.

- **Concern for Health/Needs of Parishioners.** Since there is no in-person church for easy personal communication and several parishioners have complained they didn't know about others who were ill, Heidi will send out emails with blind copy to parishioners about fellow parishioners who may be ill or need prayers, etc.

- **Short-Term Financial Support.** \$550 for one month's rent for a refugee in Texas was requested by Sharon Haumann, who usually supplies lamb for the Seder Fest. Belinda Whipple Worth reported that the Lunch Bunch had previously contributed personal funds for one month's rent. To help again, Belinda will ask the Outreach Committee to contribute the \$100 budgeted for emergency relief. Heidi will give \$150 from the Rector's Discretionary Fund, and two Vestry members committed to personally contribute the balance of the request.

- **Next Vestry Meeting:** Date TBA after new Vestry meets following the Annual Meeting on January 31, 2021.

—Lillian Willis, Clerk

Thank You Note

Dear St. Luke's Family,

I sincerely want to say thank you for the generous monetary Christmas gift. This St. Luke's family means so much to me. I miss you all. May the Lord continue to bless you and keep you safe. May we be together soon.

In God's love,
James Salisbury

A Daily Prayer

Whatever happens today, dear Lord, help us remember that you are present. If we find ourselves in the shadows of disappointment or rejection or pain, let us see your comforting light. If we're in the radiant light of success or acceptance or wholeness, may we acknowledge your providence and grace. Wherever we are, grant us the assurance of your nearness.

Amen

Looking for Ideas

It's snowing as we write this, so we're hunkering in our homes thinking and planning, but there is plenty of snow on the ground to inspire all of you to also think ahead... way ahead to St. Luke's next **Christmas Market on December 5, 2021!** So, please grab a cup of coffee or tea, or maybe a glass of wine, and a pad and pencil. Cozy down somewhere comfortable and spend 10 minutes thinking about St. Luke's past and future December celebration. Then email or phone anyone of us with your ideas.

What should our past Christmas Market become? What is its purpose, its audience, its possibilities, its spiritual and tangible offerings, its new name? We're looking for ideas to help us create a tweaked venue that builds on the beloved elements of the old Christmas Tea and Craft Sale, is realistic for our small army of busy volunteers, and will be more appealing to today's public.

What is the purpose of the event? Preparing for everyone's most favorite time of the year? Camaraderie? Buying unique or proven presents and treats for your family and others? Taking the lead in bringing the joyful spirit of Advent and Christmas to the community? Providing a happy opportunity for people of all ages to gather in a safe and positive way? Introducing new people to St. Luke's? Attracting families and young people? Making some money to help support the church, its facilities, and its programs? More? All of the above? Please let us know your thoughts.

One thing we do know up front is that we'd like to continue the joyful tradition of a celebration on the first Saturday in December. But what and how? What makes sense given the busy time of year, limited manpower, and other community commitments of volunteers? What can more individuals contribute? What can people do ahead of time—even now when so many are quarantined or social distancing? To get personal, what does each one of you like to do or have a special talent doing? What have you seen done elsewhere that may be adopted or adapted? Can St. Luke's provide some signature items or foods that will appeal to parishioners and the public and make our event a must-go yearly attraction?

We already have some signature foods that people seek out every year—such as Marcia's handmade candies, Sally's puffed corn, Ann's orange marmalade, and our famous frozen soups, to name a few. On the craft side there are Jane's quilted items, Cyrena's potholders, Pat's Christmas tree ornaments, and more. But we are looking for more products that can be done by individuals beforehand and photographed so we can mention them in publicity, list them on our website, and take advance orders for them to ensure adequate supplies, purchases, and reasons for people to come pick them up and browse for other offerings.

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To bolster the signature foods that can be made and ordered in advance, we're looking for proven recipes for favorite casseroles, soups, and baked goods that can be shared with others who would be willing to cook them. Do you have any of those recipes to share or would you be willing to cook if you were supplied with a recipe? Do you have any favorite chutneys? Do you make Christmas pudding? We're thinking of offering that very special expensive dessert by special order far in advance of our Christmas market. Would you be interested in buying one if it were made and cooking instructions given?

To augment the arts and craft section, do you draw or do needlepoint or quilting or decoupage or any other craft that can be created in advance and photographed for promotion? Please let us know ideas to pursue, what you might do, or what workshop you might be willing to lead for others.

Would you be willing to help make some evergreen decorations? We are planning to create some in Willard Hall after the last session of the wreath workshops since we normally have a lot of live evergreen material that is left after that project is finished and Willard Hall is already set up with work stations and tarps on the floor. Please let Lillian know if you would like to give a few hours during Thanksgiving Week (Sunday, November 21-Friday, November 26).

We're looking for other ways to attract new people, especially families, to the event. Is there a way to use the lawn out front to lure people back to Willard Hall? One suggestion we like is to have a decorated sleigh out front on the side lawn with someone to take photos of people in it and to have a line of luminaries along the path from Main Street down the steps to Willard Hall to guide visitors to the market. Do you know of a good-looking sleigh that could be donated for tax credit or purchased for this event? We'd like a source to contact as soon as possible.

Lastly, do you think a more old-fashioned, rustic Christmas market would have appeal? Can you suggest names for such an event?

We'd like all of your ideas to make our 2021 "market" welcoming, appealing, and successful. Thank you for taking the time to send your thoughts and suggestions to anyone of us.

Pat Fromberger 802-875-3548 panjoe@vermontel.net
Eileen Widger 802-875-4604 twidger@sbcglobal.net
Lillian Willis 802-875-1340 lbwillisct@comcast.net

MARCH 2021 LITS Deadline:

 MARCH 3rd

Send all articles, announcements, photos, etc. to:
Pat Fromberger, 180 Gates Rd., Andover, VT 05143
Email: panjoe@vermontel.net



Any Time

When twilight gently lavenders
The azure winter sky,
And pixies step a lively dance,
And fairies start to fly,

When angels sleepily emerge
From their heavenly rest
To begin their nightly watch of love,
Then would you be my guest

And walk with me abroad that hour
Into the purple night
To feel the love that's all around,
So magical and right?

Or at the breaking of the day,
Skies pink, and soft of hue,
The new world slowly waking
And shaking off the dew.

A robin stretching lazily
On high in woven nest,
And dreaming worms and taking wing...
Then would you be my guest,

And soar with me into the dawn
That streaks the sky above,
To greet the world with open arms
And open hearts and love?

Or at the noon's revealing time
In harshest light of day,
Apollo's passing chariot
Drives all the mists away,

And we see clearly all that's wrong,
And we feel all the pain,
And taste the thirst of parching earth,
Cracked and needing rain.

Come walk with me into the light
That squints the naked eye,
And, bright reveals we live in love,
Just as in love, we die.

Or in the darkest hour of
The inkiest of nights,
A billion star points pierce the dark
With silver shards of light.



A crescent moon hangs jauntily,
The remnant of a smile,
Inviting us into the world
To linger for a while.

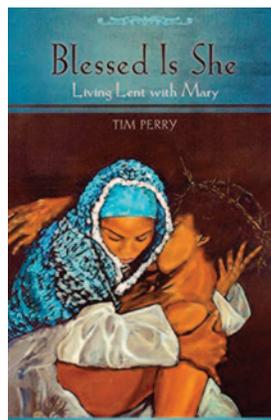
So, come with me, wrapped cozily
In the blanket of the dark,
And rest awhile until we hear
The singing of a lark.

Oh, any time of day or night,
My heart declares it true,
Is an absolutely perfect time
To walk, in love, with you.

—Jane Davis



Come Join Us on February 24th For a Zoom Lenten Study



As I was looking for a Lenten Study this year, I came across the book, “Blessed is She: Living Lent with Mary” by Timothy Perry. I was personally struck by the more feminine perspective of the Lenten journey as traveled and experienced by the mother of Jesus, Mary. This book will reveal to us Mary’s part in Jesus’ last days on earth and into His resurrection after death.

Taken heavily from Luke’s Gospel, our Study will be divided into each week of Lent. Each chapter includes questions for us to ponder and to think about as we explore Mary’s complex character that invites us as disciples of Christ to join with her on the Lenten Road. This book can be ordered from the website: www.church-publishing.org and also through Amazon.

Our hour-long Study via Zoom will begin on **Wednesday, the 24th of February at 10:30 a.m.** As the time nears, I will provide you with information on how to join the Zoom link. I am hoping many of you will choose to participate as a part of your Lenten discipline this year. Please invite your friends to join us as well. —Heidi+

About the author:

Timothy Perry is an Anglican professor of theology at Providence College in Ontario, Canada. Professor Perry specializes in the development of the history of Marian doctrinal development for Protestant communities of faith.



FEBRUARY CELEBRATIONS



Birthdays:

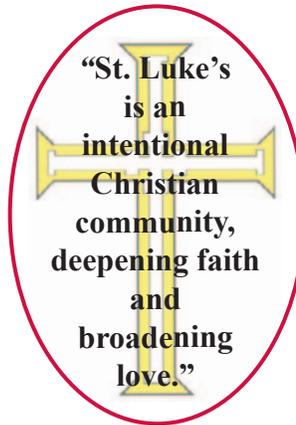
- 4 Pat Fromberger
- 6 Harold (Red) Johnson
- 10 Mary Anderson
- 10 Field Willis
- 15 Leah Goodreau
- 17 Marjorie DesLauriers
- 23 Fred Fielder

Anniversaries:

- 12 Brad & Bev Dunbar

An Interlocking Community

Christ distributes courage through community; he dissipates doubts through fellowship. He never deposits all knowledge in one person but distributes pieces of the jigsaw puzzle to many. When you interlock your understanding with mine, and we share our discoveries, when we mix, mingle, confess and pray, Christ speaks. —Max Lucado, *Fearless*



✠ FEBRUARY WORSHIP ✠

St. Luke's continues to hold Sunday **Morning Prayer Services** via Zoom, alternating between **Morning Prayer Rite I & Rite II** each week at **10:00 a.m.** We are very thankful to David Carey for his technical assistance each week, which now allows us to include some music (played on the keyboard by our church musician, Anne Goodreau) and an onscreen script enabling participants to follow along with the liturgy. There are still a few "wrinkles" to iron out, but on the whole we are all enjoying the opportunity to be together (albeit virtually) and to see each others faces every week. We even have some friends from Massachusetts Rhode Island (and even Chile this past week) joining us in worship.

How does this work? A couple of days before Sunday, Rev. Heidi sends an email message (with attachments of the scripture readings, the worship service format and her homily)—inviting all members to join us—either by the Zoom link or to participate by phone. If you have not been received these invitations and wish to be on the list, please let Heidi know at: edson.heidi@gmail.com.

Rev. Heidi also welcomes you to feel free to contact her anytime, either by phone or email, with any need or simply to chat. She is in the **Church Office on Tuesdays & Thursdays from 9:00 a.m. til Noon**. During these days of physical separation, a phone call or message can help to bring us closer together in spirit and heart.

St. Luke's Financial Information

	JAN. 2021	YTD 2021	Annual Budget	YTD % of Budget
Pledge/Plate Income	\$ 5,715.00	\$ 5,715.00	\$ 54,206.00	10.5%
Other Oper. Income	\$ 45.95	\$ 45.95	\$ 35,200.00	0.3%
Restricted Income	\$ 20.00	\$ 20.00	\$ 2,540.00	0.8%
TOTAL INCOME	\$ 5,780.95	\$ 5,780.95	\$ 91,946.00	6.3%
Regular Expense	\$ 7,830.64	\$ 7,830.64	\$ 102,238.81	7.7%
Restricted Expense	\$ 0.00	\$ 0.00	\$ 2,340.00	0.0%
TOTAL EXPENSES	\$ 7,830.64	\$ 7,830.64	\$ 104,578.81	7.5%
Net Ordinary Income/(loss)	\$ (2,049.69)	\$ (2,049.69)	\$ (12,632.81)	16.2%
Other Income	\$ 0.00	\$ 0.00	\$ 14,750.00	
Net Income	\$ (2,049.69)	\$ (2,049.69)	\$ 2,117.31	

As always January is a challenging month, as will February, with no significant investment income or fundraising events. Pledge and plate for the month are ahead of budget partially due to prepaid pledges.

—John DesLauriers, Treasurer

Ash Wednesday

St. Luke's plans to hold a ZOOM Ash Wednesday Service this year on Wednesday, February 17th, 6:00 p.m. using the BCP for Ash Wednesday (pgs. 264-269). Heidi+ will send out an email blast with final details. Please stay tuned.



St. Luke's Episcopal Church

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